



# MOVING FORWARD

## YOUNG ADULTS WITH CANCER

As a young adult battling cancer, you may have specific concerns. Know that there are resources and support groups that can help.



### FINANCES

1. How do I manage my debt (student, car, mortgage)?
2. What do I need to know about estate planning?
3. Where can I get help with financial planning?

Family Reach: [www.familyreach.org](http://www.familyreach.org)  
 National Cancer Legal Services Network: [www.nclsn.org](http://www.nclsn.org)  
 Stupid Cancer: [www.stupidcancer.org](http://www.stupidcancer.org)  
 The Samfund: [www.thesamfund.org](http://www.thesamfund.org)



### CAREER

1. What is disability insurance and do I qualify?
2. How do I balance working while receiving treatment and/or taking time off?
3. How do I adjust to returning to work?
4. Am I eligible for medical leave? Are my caregivers eligible for leave?

Cancer + Careers: [www.cancerandcareers.org](http://www.cancerandcareers.org)  
 Cancer Finances: [www.cancerfinances.org](http://www.cancerfinances.org)  
 Stupid Cancer: [www.stupidcancer.org](http://www.stupidcancer.org)  
 Workplace Transitions: [www.workplacetransitions.org](http://www.workplacetransitions.org)



### ACCESS

1. Where can I find information about clinical trials?
2. What resources are available for treatment assistance?
3. What if I can't work and lose my health insurance?

Cancer + Careers: [www.cancerandcareers.org](http://www.cancerandcareers.org)  
 Cancer Research Institute (Clinical Trial Finder): [www.cancerresearch.org](http://www.cancerresearch.org)  
 CFAC: [www.cancerfac.org](http://www.cancerfac.org)  
 Stand Up To Cancer: [www.standuptocancer.org](http://www.standuptocancer.org)  
 Stupid Cancer: [www.stupidcancer.org](http://www.stupidcancer.org)



### FAMILY & COMMUNITY

1. Will my treatment affect fertility? How should I plan for a family?
2. What if I just want to connect with someone who is going through a similar experience?
3. How do I tell my family/friends I have cancer?
4. What if I need someone to drive me to treatments?
5. How do I find support in caring for my young child?

American Cancer Society (Road to Recovery program): [www.cancer.org](http://www.cancer.org)  
 Angel Wheels: [www.angelwheels.org](http://www.angelwheels.org)  
 Aunt Bertha: [www.auntbertha.com](http://www.auntbertha.com)  
 CancerCare: [www.cancercare.org](http://www.cancercare.org)  
 Cancer Hope Network: [www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)  
 Cancer Support Community: [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)  
 Fertile Action: [www.fertileaction.org](http://www.fertileaction.org)  
 GRYT app: [www.grythealth.com](http://www.grythealth.com)  
 Imerman Angels: [www.imermanangels.org](http://www.imermanangels.org)  
 Kids Konneted: [www.kidskonneted.org](http://www.kidskonneted.org)  
 Livestrong (Fertility): [www.livestrong.org](http://www.livestrong.org)  
 Mommy and Me Cancer Foundation: [www.mamcf.org](http://www.mamcf.org)  
 SaveMyFertility: [www.savemyfertility.org](http://www.savemyfertility.org)  
 Stupid Cancer: [www.stupidcancer.org](http://www.stupidcancer.org)  
 The Samfund: [www.thesamfund.org](http://www.thesamfund.org)



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LEARN ABOUT RESOURCES AND  
SUPPORT GROUPS THAT CAN HELP  
YOUNG ADULTS FIGHTING CANCER.



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